MENU WEEK 1

SERVED W/C

9th Nov | 30th Nov | 21st Dec | 11th Jan | 1st Feb
22nd Feb | 15th Mar | 5th Apr

Hutchison

THE FOOD EXPLORERS

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal OPTION 1	Fajita roasted vegetable pizza with oven baked wedges	Cheesy bean pasta bake	Vegetable sausages with roast potatoes & gravy	5 bean chilli with Mexican rice	Vegetable nuggets, chips & tomato ketchup
Main Meal OPTION 2	Fajita chicken pizza with oven baked wedges	Beef bolognaise with penne pasta	Roast gammon with roast potatoes & gravy	Chicken wrap with Mexican rice	Fish fingers, chips & tomato ketchup
Veggies	Green beans & sweetcorn	Broccoli	Broccoli & roasted carrot	Rainbow vegetables	Baked beans
Sandwiches	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Cheese or Tuna mayo
Sweet Treats	Lemon shortbread	Fruit crumble & custard	Chocolate & banana brownie sponge	Sliced fruit selection	Chocolate shortbread

Available Every Day –

Crunchy Colourful Salad Bar
Jacket Potato with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans
A choice of Fruit, Jelly or Yoghurt

KEY

Vegan
Vegetarian
Wholegrain
Added Chickpeas
Added Lentils
Made with Pea Protein
Nutritionist's Choice

MENU WEEK 2

SERVED W/C 16th Nov | 7th Dec | 28th Dec | 18th Jan | 8th Feb | 1st Mar | 22nd Mar

Hutchison

THE FOOD EXPLORERS

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal OPTION 1	Cheese & tomato pizza with oven baked wedges	Smokey BBQ pieces & rice	Veggie all day breakfast	Cheesy cauliflower pasta bake	Quorn dippers, chips & tomato ketchup
Main Meal OPTION 2	Sweet chilli salmon melt with oven baked wedges	Chicken katsu with rice	All day breakfast, with pork sausages	Chicken & tomato pasta bake	Fish & chips with tomato ketchup
Veggies	Peas	Rainbow vegetables	Baked beans	Crudites and salad bar selection	Baked beans
Sandwiches	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Cheese or Tuna mayo
Sweet Treats	Rice pudding with peaches	Apple pie with custard	Chocolate sponge & custard	Watermelon wedge	Fruity flapjack

Available Every Day –

Crunchy Colourful Salad Bar
Jacket Potato with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans
A choice of Fruit, Jelly or Yoghurt

KEY

Vegan
Vegetarian
Wholegrain
Added Chickpeas
Added Lentils
Made with Pea Protein
Nutritionist's Choice

MENU WEEK 3

SERVED W/C 2nd Nov | 23rd Nov | 14th Dec | 4th Jan | 25th Jan | 15th Feb | 8th Mar | 29th Mar

Hutchison

THE FOOD EXPLORERS

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal OPTION 1	Mixed bean bolognaise with penne pasta	Vegetable sausages with mashed potatoes & gravy	Vegetable pastry with roast potatoes & gravy	Cauliflower & chickpea korma with rice	Vegan sausage roll, chips & tomato ketchup
Main Meal OPTION 2	Beef bolognaise with penne pasta	Pork sausages with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	Chicken korma with rice	Fish fingers, chips & tomato ketchup
Veggies	Green beans & sweetcorn	Peas & carrots	Broccoli & roasted carrots	Tomato, cucumber & carrot salad	Baked beans
Sandwiches	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Cheese or Tuna mayo
Sweet Treats	Lemon shortbread	Orchard crumble with custard	Raspberry jelly & mandarins	Chocolate & orange brownie	Sliced fruit selection

Available Every Day –

Crunchy Colourful Salad Bar
Jacket Potato with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans
A choice of Fruit, Jelly or Yoghurt

KEY

Vegan
Vegetarian
Wholegrain
Added Chickpeas
Added Lentils
Made with Pea Protein
Nutritionist's Choice