

# MENU WEEK 1

SERVED W/C:

17<sup>th</sup> Nov | 8<sup>th</sup> Dec | 19<sup>th</sup> Jan | 9<sup>th</sup> Feb |  
2<sup>nd</sup> Mar | 23<sup>rd</sup> Mar | 13<sup>th</sup> Apr

THE  
FOOD  
EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN  
MEAL



OPTION  
1

OPTION  
2

Rainbow Vegetable Stir  
Fry Noodles



Cheese & Bean  
Lasagne



Vegan Lentil & Stuffing  
Pastry Roll



Vegetable Bolognaise with  
Penne Pasta



Vegan Vegetable Nuggets  
& Chips



Ham & Cheese  
Pasta

Traditional Creamy Beef  
Lasagne



Roast Gammon with Roast  
Potatoes & Gravy

Chicken in a Katsu Curry  
Sauce & Rice



MSC Approved Fish  
Fingers & Chips

Carrots  
& Peas



Broccoli



Roasted Carrots  
& Parsnips



Peas



Beans



Ham  
Cheese

Chicken  
Egg

Ham  
Cheese

Tuna Mayo  
Cheese

Egg  
Cheese

VEGGIES



FILLED  
ROLLS



AVAILABLE EVERY DAY

Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET  
TREATS



Blueberry  
Cookie Bar



Chocolate &  
Banana Brownie



Peach & Pineapple  
Crumble



Apple &  
Cocoa Sponge



Lemon  
Shortbread



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



# MENU WEEK 2

**SERVED W/C:** 3<sup>rd</sup> Nov | 24<sup>th</sup> Nov | 15<sup>th</sup> Dec | 5<sup>th</sup> Jan | 26<sup>th</sup> Jan  
| 16<sup>th</sup> Feb | 9<sup>th</sup> Mar | 30<sup>th</sup> Mar | 20<sup>th</sup> Apr

**THE FOOD EXPLORERS**

**Hutchison**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**MAIN MEAL**



**OPTION 1**

**OPTION 2**

Margherita  
Pizza & Wedges



Vegan Sausage with Mashed  
Potatoes & Gravy



Vegan Cottage Pie &  
Gravy



Baked Mac 'n'  
Cheese



Tex-Mex Vegetable  
Fajita Wrap



MSC Approved  
Salmon Pasta Bake



Pork & Beef Sausage,  
Mashed Potatoes & Gravy

Roast Turkey with Roast  
Potatoes & Gravy

Creamy Chicken Curry,  
Carrot Rice



MSC Approved Fish  
Fingers & Chips



Peas



Carrot  
& Peas



Broccoli &  
Cauliflower



Carrot &  
Mixed Salad



Baked  
Beans



Tuna Mayo  
Cheese

Chicken  
Egg

Ham  
Cheese

Tuna Mayo  
Cheese

Egg  
Cheese

**AVAILABLE EVERY DAY** Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

**SWEET TREATS**



Strawberry  
Mousse



Oaty Apple  
Crumble & Custard



Original  
Flapjack



Chocolate &  
Carrot Muffin



Lemon Sponge  
& Custard



Desserts available every day - a choice of jelly, fruit or yoghurt

**KEY**

Nutritionist's Choice















Vegetarian

Vegan







Added Wholewheat





	Monday	Tuesday	Wednesday	Thursday	Friday
<b>MAIN MEAL</b> 	<b>OPTION 1</b> Quorn Dippers with Oven Baked Wedges & Tomato Ketchup 	Vegan Bolognaise Ragu Penne Pasta 	Roast Quorn Fillet with Roast Potatoes & Gravy 	Baked Mac 'n' Cheese 	Vegan Sausage Roll & Chips 
<b>OPTION 2</b>	Margherita Pizza & Wedges 	Beef Bolognaise Penne Pasta	Roast Chicken with Roast Potatoes & Gravy	Chicken Pie with Mashed Potatoes & Gravy	MSC Approved Fish Fingers & Chips
<b>VEGGIES</b> 	Peas 	Sweetcorn 	Broccoli 	Carrots 	Beans 
<b>FILLED ROLLS</b> 	Ham Cheese	Chicken Egg	Ham Cheese	Tuna Mayo Cheese	Egg Cheese

**AVAILABLE EVERY DAY** Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

<b>SWEET TREATS</b> 	Vanilla Shortbread 	Mixed Berry & Apple Crumble with Custard 	Apple Strudel & Custard 	Gingerbread Squares with Custard 	Garden Brownie 
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Desserts available every day - a choice of jelly, fruit or yoghurt

**KEY**

Nutritionist's Choice 

Vegetarian 

Vegan 

Added Wholewheat 

